

**OBAFEMI AWOLOWO UNIVERSITY,
ILE-IFE, NIGERIA**



FACULTY OF EDUCATION

**DEPARTMENT OF PHYSICAL AND
HEALTH EDUCATION**

2019 HANDBOOK

OFFICERS OF THE UNIVERSITY

Visitor

His Excellency, Muhamadu Buhari, GCFR
President and Commander- in- Chief of the Armed Forces,
Federal Republic of Nigeria

Chancellor

His Royal Highness Alhaji (Dr.) Yahaya Abubakar
(The Etsu Nupe) D.Litt (Honoris Causa) (Ife), D.C.L.

Pro-Chancellor

Dr. Yemi Ogunbiyi
B.A. (Ibadan), M.A., Ph.D. (NYU)

Vice-Chancellor

Professor Eyitope Ogungbenro Ogunbodede
B.Sc., B.Ch.D, MPH., Ph.D.

Deputy Vice-Chancellor (Academic)

Professor A.S. Bamire
B.Agric. M.Phil., Ph.D.

Deputy Vice- Chancellor (Administration)

Professor C.O. Ajila
B.A., M.Ed., Ph.D.

Registrar

Mrs. M. I. Omosule B.A (Ed.), M.A. (Ife)

University Librarian

Dr. F.Z. Oguntuase B.Sc., M.Sc., Ph.D.

Bursar

Mr. Samson Olayide Ayansina

Dean, Faculty of Education

Professor M.A. Adeleke
B.Ed., M.A., Ph.D. (Ife)

OFFICERS OF THE FACULTY

Dean:	Professor. M. A. Adeleke
Vice Dean:	Dr (Mrs) C. A. Okotoni
Faculty Secretary:	Mrs Stella O. Makanju

HEADS OF DEPARTMENTS/DIRECTOR OF INSTITUTE

Dr (Mrs) C. F. Akinnubi	Department of Physical and Health Education
Prof. (Mrs.) B. A. Omoteso	Department of Arts and Social Science Education
Dr. C. O. Fashiku	Department of Educational Management
Prof. C. S. Oni	Department of Adult Education and Lifelong Learning
Prof. T. A. Bada	Department of Educational Technology and Library Studies
Dr. A. A. Shobola	Department of Educational Foundations and Counselling
Dr. (Mrs) M. O. Salami	Department of Science and Technology Education
Dr. O. A. Adelodun	Institute of Education

1.1 Departmental Staff List

(a) List of Academic Staff

SN	NAMES AND QUALIFICATIONS	STATUS	AREA OF SPECIALISATION
1	C.F. Akinnubi B.Sc. Ed. (UNN), M.A, PhD. (Ife).	Senior Lecturer	Health Education
2.	M.A Olubayo-Fatiregun B.Ed., M.Ed., PhD (UI)	Prof.	Health Education
3.	H.K Olorunsola B.Sc., M.A, PhD (Ife)	Reader	Sports Administration and Recreation
4.	R. B Ayodele B.A., M.A., Ph.D. (Ife)	Reader	Health Education
5.	N.U.C Igbokwe B.Sc, M.A (Ife)	Senior Lecturer	Exercise Physiology
6.	K.A. Aderonmu B.Ed., M.A, PhD. (Ife)	Senior Lecturer	Social/ Sports Psychology
7.	O.O. Akinbiola B.Ed., M.A, PhD. (Ife).	Lecturer I	Exercise Physiology and Biomechanics.
8.	M.O. Famayo B.Ed., M.A. (Ife)	Lecturer I	Adapted Physical Education
9	M.M. Mamudu B.Ed., M.A. (Ife).	Assistant Lecturer	Motor Learning/ Control.

(b) Associate Lecturers

1	O.A. Esimai MBChB, MSc, FMCPH	Professor	Community Health
2	S.K. Mosaku MBBS, FMCP	Professor	Mental Health
3	O. Ogunlade MBChB., MSc., PhD, FWACP	Reader	Cardiovascular Physiology
4	A.O. Ojoawo BMR, MSc, PhD (Ife)	Reader	Physical Therapy
5	C.S. Adereti RN, RPHN, BSc.	Senior Lecturer	Nursing Science
6	A.L. Adisa BSc., MSc. PhD. (Ife)	Senior Lecturer	Sociology and Anthropology
7	A.A. Akanni BSc. MSc., PhD. (Ife)	Senior Lecturer	Psychology
8	M.O. Salami B.Sc.Ed., M.A.Ed., PhD. (Ife)	Senior Lecturer	Biology Education and Curriculum Studies
9	G.A. Akintomide B.Sc, M.A.Ed., Ph.D. (Ife)	Senior Lecturer	Biology Education
10	T.A. Adebisi B.A.(Ed.), M.A.(Ed.), PhD. (Ife)	Lecturer I	Physics Education and Science & Tech. Education
11	O.T. Afolabi MBChB, MPH, FMCPH	Reader	Community Health

(c) List of Non-Academic Staff

- | | |
|---------------------|------------------------------|
| 1. V. A. Aderinlewo | Chief Secretarial Assistant |
| 2. M.O. Owobamirin | Higher Executive Officer |
| 3. A.O. Adeniyi | Asst. Chief Clerical Officer |
| 4. F. B. Olawuni | Confidential Secretary II |

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1.2 Introduction/Historical Notes

1.2.1 History of the University

Obafemi Awolowo University, Ile-Ife is one of three Universities established in Nigeria between 1961 and 1962 as a result of the report submitted to the Federal Government in September, 1960, by a Commission it appointed in April 1959 under the Chairmanship of Sir Eric Ashby, Master of Clare College, Cambridge, to survey the needs of post-secondary and higher education in Nigeria over the next twenty years. On 8th June, 1961 the Law providing for the establishment of the Provisional Council of the University was formally inaugurated under the Chairmanship of Chief Rotimi Williams.

On 11th June, 1970, an Edict known as the University of Ife edict, 1970 was promulgated by the Government of the Western State to replace the Provisional Council Law of 8th June, 1961. This Edict has since been amended by the Obafemi Awolowo University, Ile-Ife (Amended) Edict No. 112 of 1975 (Transitional Provisions) Decree No.23 of 1975. This new Decree effected a takeover of the Obafemi Awolowo University by the Federal Military Government and established a Provisional Council as an interim governing body of the University which shall subject to the general direction of the Head of the Federal Government, control the policies and finances of the University and manage its affairs. This Provisional Council has since been replaced by a Governing Council.

The University started with five Faculties – Agriculture, Arts, Economics and Social studies (now Social Sciences), Law and Science. Six new Faculties have since been added, namely the Faculty of Education (established on 1st October, 1967), the Faculty of Pharmacy (established on 1st October, 1969), the Faculties Technology and Health Sciences (now College of Health Sciences) (both established on 1st October, 1960), Faculty of Administration with effect from 1st October 1979) and Faculty

of Environmental Design and Management (established on April 6, 1982).

In 1992, the University established a collegiate system with five Colleges. The system did not function effectively and was abandoned after two years. However, the Postgraduate College and the College of Health Sciences were retained. The College of Health Sciences now comprises of the Faculties of Basic Medical Sciences, Clinical Sciences and Dentistry.

The following other Institutes and major units exist in the University:

- The Adeyemi College of Education located in Ondo
- The Institute of Agricultural Research and Training, Ibadan
- The Natural History Museum
- The Institute of Ecology and Environmental Studies
- The Centre for Gender and social Policy Studies
- The Centre for Industrial Research and Development
- The Institute of Public Health
- The Institute of Cultural Studies
- The Technology Planning and Development Unit
- The Computer Centre
- The Drug Research and Production Unit
- The Equipment Maintenance and Development Centre
- The Central Technological Laboratory Workshop
- The Central Science Laboratory
- Centre for Gender and Social Policy Studies
- Centre for Distance Learning
- Entrepreneurship and Development Studies (IFEDS)
- Obafemi Awolowo University Investment Company Limited

Finally, some other agencies over which the University has no direct, or, in some cases limited control, have premises within the University.

- African Regional Institute for Geospatial Information Science and Technology (AFRIGIST) formerly RECTAS

- The National central for Technology Management
- The Centre for Energy Research and Development
- The African Regional Centre for Space Science and Education in English.

Finally, some other agencies over which the University has no direct, or, in some cases limited control, have premises within the University.

The student population has rising steadily from 244 in 1962/63 to over 30,000 at present.

1.2.2 Mission, Vision, Major Thrusts of the University

Mission

To nurture a teaching and learning community; advance frontiers of knowledge; engender a sense of selfless public service; and add value to African culture.

Vision

A top rated university in Africa.

The **major thrusts** of the University Strategic Plan for 2016 – 2020 are:

- Teaching,
- Research and Innovation,
- Governance,
- Fund Generation and Management,
- Human Resources Development and
- Infrastructure and Estate Development.

These major thrusts involve the following broad objectives:

- The modernization of the University's teaching programmes, through a continuous review of the curricula and teaching support services

- The pursuit of a research agenda that will deepen the University's contribution to national development through research outputs and products uptake,
- The preparation of students for self-employment and entrepreneurship.
- The continued development and expansion of Information and Communication Technology (ICT) for all aspects of the institution's functions.
- An expanded revenue base backed by improved financial management capability.

The development of strategic linkages and partnerships

STRATEGIC OBJECTIVES

1. To produce graduates of international standard, with appropriate knowledge and skills in their field of study, who will be highly employable or self-employed.
2. To provide high quality research and development activities that will promote the development of the nation and enhance the image of the University and the researchers.
3. To harness modern technology especially ICT and modern social, economic and financial strategies to run a cost of efficient and effective academic program and institutional management.
4. To provide services which have relevance to and impact on the local community and the nation
5. To provide conditions of study, work and living in the University community that are of appropriate standards.
6. To expand access to tertiary education in the face of unmet demands.
7. To operate as an equal opportunity educational institution, sensitive to the principle of gender equity and non-discrimination on the basis of race, ethnicity, religions or physical disability

1.2.5 Members of the University

The members of the University as defined in Statute 2 (1) are:

- (a) the officers of the University;
- (b) the members of the Council;
- (c) the members of the Senate;
- (d) the members of the Academic Staff;
- (e) the graduates;
- (f) the students; and
- (g) such other persons as may by Statute be granted the status of members.

A person shall remain a member of the University only as long as he is qualified for such membership under any of the subparagraphs of paragraph (1) of this Statute.

1.2.6 The Officers of the University

The officers of the University as contained in Statute 3 shall be:

- (a) the Chancellor;
- (b) the Pro-Chancellor;
- (e) the Vice-Chancellor;
- (d) the Deputy Vice-Chancellor (Academic);
- (e) the Deputy Vice-Chancellor (Administration);
- (f) the Registrar;
- (g) the Librarian;
- (h) the Bursar; and
- (i) such other persons as may by Statute be granted the status of officers.

1.2.7. Establishment of the University Council

(a) Functions

The University Council to be known as the Council of Obafemi Awolowo University, Ile-Ife was established by the Edict. The Edict states that Council shall be the governing authority of the University and shall have the custody, control and disposition of all the property and finances of the University and, except as may otherwise be provided in the Edict and the Statutes, shall manage and superintend generally the affairs of the University and, in any matter concerning the University not provided for or under this Edict, the Council may act in such manner as appears to it best calculated to promote the interests, objects and purposes of the University.

The Council, subject to the provisions of the Edict and Statutes has the following functions among others:

- (h) to determine, in consultation with Senate, all University fees;
- (ii) to establish, after considering the recommendation of the Senate on that behalf, Faculties, Institutes, Schools, Boards, Departments and other units of learning and research; to prescribe their organization, constitution and functions and to modify or revise the same;
- (iii) to authorize, after considering the recommendations of the Senate in that behalf, the establishments for the academic in the University, and with approval of the Senate, to suspend or abolish any academic post except a post created by this Edict or the Statutes;
- (iv) to authorize the establishments for the administrative staff and other staff in the University and to suspend or abolish any such posts other than posts created by the Edict or the Statutes;
- (v) to make the appointments authorized by this Edict and the Statutes;

- (vi) to exercise powers of removal from office and other disciplinary control over the academic staff, the administrative staff and all other staff in the University;
- (vii) to supervise and control the residence and discipline of students of the University and to make arrangements for their health and general welfare.

(b) Composition of the Members of Council

The Council as contained in Statute 10(1) as amended by Decree No. 11 of 1993 and Decree 25 of 1996 shall consist of the following members:

- (i) Ex-Officio Members: Pro-Chancellor
The Vice-Chancellor
The Deputy Vice-Chancellors
- (ii) 1 member from the Federal Ministry of Education
- (iii) 4 members appointed by National Council of Ministers
- (iv) 4 members of Senate appointed by Senate
- (v) 2 members of the Congregation elected by the Congregation
- (vi) 1 member of Graduates Association elected by Graduates Association

The Senate shall prescribe which Departments and subjects of study shall form part or be the responsibility of each of the Faculties. The next level of organization is the Faculty where the teaching and other activities of the Departments are coordinated. Proposals generally come from Departments to the Faculty Board although they can also be initiated at the Faculty level in which Departments normally have an opportunity to consider them before the Faculty Board takes a decision. The membership of the Faculty Board is stipulated in Statute 13(3) thus:

- (a) The Vice-Chancellor
- (b) The Deputy Vice-Chancellors
- (c) The Dean of the Faculty
- (d) The Professors and Heads of Departments comprising the Faculty

- (e) Such other full-time members of the academic staff of the Departments comprising the Faculty as the Senate may determine after considering the recommendation of the Faculty Board;
- (f) Such other Professors and other Heads of Departments, as the Senate may determine after considering the recommendation of the Faculty Board;
- (g) Such other persons within or outside the University as the Senate may appoint after considering the recommendation of the Faculty Board.

The next level is that of Departments which consist of groups of teachers and sometimes Research Fellows in a single subject with a Head who is usually although not always a Professor generally appointed by the Vice-Chancellor.

The Department is the normal basic unit of academic organization. It is at this level that the organization of teaching and the use of research facilities are primarily worked out. Senate may however recommend the creation of institutes for groups of specialized subjects or disciplines that require interdisciplinary research efforts and thus, cut across Faculties in scope.

1.3 Organization and Administration

The Vice-Chancellor is the Chief Executive Officer of the University and the five other principal officers of the University, namely; the Deputy Vice-Chancellors (2), the Registrar, the University Librarian and the Bursar report to him. The University Librarian is in charge of the University Library while the Bursar takes charge of the University finances. The Registrar is the Secretary to Council and the Chief Administrative Officer of the University and he assists the Vice-Chancellor in the day-to-day administration of the University. He is also the Secretary to Senate and heads the Registry, comprising the Directorate of Academic Affairs, the Directorate of Council Affairs, Division of Corporate Services and the Directorate of Personnel Affairs. The

Planning, Budgeting, Monitoring/Management Information System Unit takes care of the academic planning, budgeting and monitoring needs of the University and is under the Vice-Chancellor's Office.

The University Central Administration also includes some units that provide common services. They are the Medical and Health Services, the Division of Maintenance Services, the Physical Planning and Development Unit and the Computer Centre; Heads of these units report to the Vice-Chancellor.

1.3.1. Congregation

The Congregation comprises all full-time members of the academic staff and every member of the administrative staff who holds a degree of any recognized university. It discusses and declares an opinion on any matter whatsoever relating to the well-being of the University. It has twelve elected members in Senate and two elected members in the University Council.

1.3.2. Information on Facilities

HEZEKIAH OLUWASANMI LIBRARY

(i) PLAN OF THE LIBRARY

The Library consists of the North and South wings, which are connected by walkways on two levels.

(ii) MEMBERSHIP

Membership of the Library is available, on completion of a registration card, to all students, members of the senior staff of the university and such other persons as may be determined by the Library Committee or the University Librarian on behalf of the Committee.

Students are required to renew their registration at the beginning of each academic year. Library Cards and Borrower's Tickets are not transferable; books issued on them remain the responsibility of the person whose name appears on them.

A Lost Library Card or Borrower's Ticket may be replaced on submission of a written application.

(iii) THE LIBRARY COLLECTION

Hezekiah Oluwasanmi Library now contains over 380,000 volumes. It consists of two main areas:

- (a) The undergraduate areas and
- (b) The research areas

Serial Collection

The Serials Collection consists of:

(i) Current journals, the most current issues of which are shelved in the display section of the Serials Room.

a. Latest back files i.e. the latest 10 years of journals which are on open access to registered senior staff and postgraduate students.

b. Older back files i.e. journals older than ten years are on closed access to all categories of readers who must obtain and complete request forms at the serials hatch.

2. African Special Collection

The African Special Collection is a collection of rare and other books of primary interest to people whose fields of interest are in African Studies. Staff publications and theses submitted for higher degrees of the University as well as of other universities are also housed there. The Collection is closed access.

3. Documents Collection

The Documents Collection includes official publications of the Federal Government of Nigeria, the old regional governments, the present state governments and the Federal Capital Territory. It also includes publications of other African governments and international organizations.

4. Reference Collection

Dictionaries, encyclopaedia, handbooks, directories, atlases, University calendars, etc. are shelved in the Reference Room. Bibliographies, indexes and abstracts are available in the Bibliography Room. Reference books do not ordinarily circulate.

A newspaper clippings file (*post-October; 1985*) and a vertical file of reprints and other pamphlet type material are kept in the Reference Room.

5. Reserve Collection

(i) Day reserve collection

Multiple copies of textbooks, particularly some of those recommended for specific courses, are shelved in the Reserve Books Room on Floor 3 North Wing East.

(ii) Two Hour Reserve

Some other materials, periodical articles in particular, are placed on 2-hour reserve. These may be obtained on request (signature and seat number required) and retained for a period of two hours at a time, subject to renewal, provided other readers have not demanded the materials.

6. Recent Accessions

A selection of books added to the Library stock is normally displayed for several days before being put in the main collection. The books may not be borrowed while on display but may be reserved at the Loans Desk.

CATALOGUES

A library catalogue is a finding list of books and other materials available in the library. The following catalogues can be found in the Catalogue Hall:

- (i) The Author/Title Catalogue
- (ii) The Subject Catalogue
- (iii) The Shelf List
- (iv) The Serials Catalogue
- (v) The Documents Catalogue

HOW TO BORROW A BOOK

When you have found the book you want to borrow, you will be required to sign your name and address on the book card provided in duplicate. You must surrender a Borrower's Ticket for each book borrowed.

When you return a book, you must ensure that you receive your Borrowers Ticket back immediately.

RESERVATION

A book can be reserved by filling a reservation slip; in which case, it will not be renewed for the present borrower when returned, and, if it is already overdue, it will be recalled at once.

INTER-LIBRARY LOAN

If the book you require is not in stock, it is often possible to borrow it from another library. This service is dependent on goodwill and cooperation between libraries, and readers who benefit from it are required to observe the regulations applying to each loan.

PHOTOCOPYING SERVICES

Within the limitations imposed by copyright, the library is able to supply readers with photocopies of periodical articles and parts of books at moderate charges.

PENALTIES FOR OVERDUE OR LOST BOOKS

Penalties for overdue books will be imposed as follows:-

- (a) N5.00 per day for the first 30 days; thereafter all loan privilege will stop.
- (b) Books specially recalled by the University Librarian will attract a fine of N10.00 per day after third day from the date of recall.
- (c) Books lost or damaged will attract a fine five times the current cost of the books.
- (d) No student will be allowed to attend the Graduation Ceremony or receive his/her certificate without a clearance certification from the University Library to the effect that no book or fine is outstanding against him or her.

LIBRARY OPENING AND CLOSING HOURS

Monday — Friday	8.00a.m – 8.00p.m
Saturday	8.00 a.m – 4.00 p.m
Sunday	2.00 p.m - 8.00 p.m

Vacation Period

Monday – Friday	8.00 a.m. – 6.00 p. m.
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B. Division of Students Affairs

1. Guidance and Counselling Unit:

The Division of Students' Affairs has professional counselors who are committed to helping students grow in self-understanding in the process of integrating their personal and academic experiences. The services are free to students and are confidential (i.e. not used as part of his/her other University records). The services include personal counseling, group counseling, study skills improvement, tests anxiety reduction, personal crisis intervention, psychological testing, career and occupational counseling and settlement of grievances between students. Where necessary, consultations are made with campus organizations, specialists and academic

departments, to ensure that students' problems are resolved satisfactorily.

The counselors can be contacted in Rooms 9 and 10, Division of Students' Affairs between 1 0.00 a.m. and 2.00 p.m., Mondays to Fridays.

2. Scholarship and Financial Assistance:

The Division of Students' Affairs serves as a link between students and sponsoring authorities, both within and outside Nigeria. Students are advised to check the Notice Boards in their respective faculties as well as those at the Division of Student Affairs Building for advertisements and other relevant information.

Liaison is also maintained between students and governments at various levels for scholarship and bursaries.

1.3.3 ROLL OF HONOURS FOR STUDENTS

Senate at a Special Meeting held on Wednesday, 1st November 2006 decided that Roll of Honors for Students be instituted in the University to enhance discipline and good performance among students.

All students are enjoined to strive to be on the Honors Roll.

The details are as follows:

- (i) The Honors Roll should be at three levels, namely:
 - (a) Departmental Honors Roll
 - (b) Provosts/Deans Honors Roll
 - (c) University/Vice-Chancellor's Honors Roll

- (ii) The beneficiaries must have a minimum CGPA of 4.0 for Departmental Honors Roll; 4.25 for Provosts/Deans Honors Roll and 4.5 for Vice-Chancellor's/University Honors Roll in all the faculties except the Faculty of Pharmacy and College of Health Sciences where the candidates are expected to have a cumulative average of 60% and 62% respectively.

- (iii) The beneficiary must maintain this grade annually to continue to enjoy the award.
- (iv) The recommendations must be processed along with results of Rain Semester examinations.
- (v) The student must be of good conduct.
- (vi) He/She must not have outstanding or carry-over courses and must not be repeating the year.
- (vii) No student on Leave of Absence shall enjoy the Annual Roll of Honors Award.
- (viii) No student that has a disciplinary problem shall enjoy the Award.
- (ix) The Award shall be based on the recommendation of the Departmental Board of Examiners and the Faculty Board of Examiners, while that pertaining to the Vice-Chancellor/University shall be processed through the Committee of Deans.
- (x) Names of beneficiaries shall be displayed as follows:
Departmental Honors - Departmental Notice Board
Provosts/Deans Honors - Faculty Notice Board
Vice-Chancellor/
University Honors - Floor '0' Secretariat Building
- (xi) Each beneficiary shall be given a certificate.

1.4 University Examination Regulations

Some University examination regulations students should note as contained in University Examination Regulations for first degrees, diplomas and certificates are:

1.4.1. Registration for University Examinations

- (a) A candidate for a University examination must have registered the courses in the prescribed format not later than the closing date prescribed for registration for such courses. Any candidate who fails to register for courses at the appropriate time as prescribed by Senate will not be allowed to take any examination in such courses. Any examination taken without course registration shall be null and void.
- (b) Students who register for courses are committed to the number of units registered for and are expected to take examinations in such courses. If a student failed to take an examination he would be scored '0F' for the number of units he had registered for and in which he had failed to take the prescribed examination.
- (c) Any student who does not have any course to offer in a particular semester should apply for leave of absence.
- (d) A candidate who has less than 15 units in a particular semester to graduate should apply to his/her Faculty Board for permission to register for less than 15 units. Failure to do so, constitutes a breach of regulation which may result in the non-processing of the candidate's results.
- (e) A candidate, who cannot register for courses during the prescribed period for registration because of an illness, must ensure that medical report on his illness is forwarded by him or his parents/sponsors to reach the Dean of his Faculty not later than four weeks after the end of the normal registration period as scheduled in the University Calendar. Such a medical report should be forwarded for authentication by the Director of Medical and Health Services for it to be considered valid. Such a candidate shall be exempted from the penalties of late registration. All applications should be routed through the Head of Department.

- (f) Students must attend a minimum of 75% of course instructions including lectures, tutorials and practical where required to qualify to sit for examination in any course.

1.4.2 Absence from Examination

Candidates must present themselves at such University examinations for which they have registered. Candidates who fail to do so for reasons other than illness or accident shall be bound by the following regulations:

- (a) Any student who fails to register for courses during one semester without permission should be deemed to have scored “0F” in the minimum number of units required for full time students (i.e. 15 units).
- (b) Candidates who registered for courses, attended classes regularly, did all practical and tests but did not take required semester examinations should be given a continuous assessment grade in each of the affected courses and a grade of “0F” in the examination which they should have taken, but which they did not take.
- (c) Candidates who have less than 15 units to graduate but fail to take the required examinations should be deemed to have scored “0F” in the outstanding course only provided such candidates obtained permission to register for less than 15 units.
- (d) Any candidate who on account of illness, is absent from a University examination may be permitted by the Senate on the recommendation from the appropriate Faculty Board, to present himself for such examination at the next available opportunity provided that:
- (i) A full-time student in the University shall report any case of illness to the University Health Centre at all times.

- (ii) When a student falls ill during examination he should report to the Director, Medical and Health Services before attending any hospital outside the University. A report of sickness should be made to the Registrar within a week and a medical certificate of validation of his illness within three weeks.
- (iii) When a student falls ill before an examination he shall be under an obligation to send a medical report countersigned by the Director, Medical and Health Services within one week of such illness. Any time outside this period, shall be considered on its merit.
- (iv) The Director of Medical and Health Services should within 48 hours, submit a medical report on a candidate who is ill during an examination and is taken to the Health Centre or referred by it to the hospital for treatment.
- (v) A candidate applying for leave of absence on medical grounds must forward his application together with a medical report to the Dean of his Faculty through his Head of Department. The medical report must be countersigned by the Director, Medical and Health Services. All applications for Leave of Absence must be taken by the appropriate Faculty Board.

1.4.3 Examination Offences

- (a) A candidate shall not be allowed during an examination to communicate by word or otherwise with any other candidates nor shall he leave his place except with the consent of an invigilator. Should a candidate act in such a way as to disturb or inconvenience other candidates, he shall be warned and if he persists he may, at the discretion of the invigilator be excluded from the examination room. Such action by the invigilator must also be reported in writing through the Head of Department to the Vice- Chancellor within 24 hours.

- (b) It shall be an examination offence for any student, staff or any person whatsoever, to impersonate a candidate in any University examination. Any student or staff of the University found guilty under this regulation shall be subjected to disciplinary action by the appropriate authority of the University.
- (c) No candidate shall take into an examination room or have in his possession during examination any book or paper or printed or written documents, whether relevant to the examination or not, unless specifically authorized to do so. Any invigilator has authority to confiscate such documents.
- (d) Mobile phones are not allowed in examination halls.
- (e) A candidate shall not remove from an examination room any papers, used or unused, except the question paper and such book and papers, if any, he is authorized to take into the examination room.
- (f) Candidates shall comply with all “direction to candidates” set out on an examination answer booklet or other examination materials supplied to them. They shall also comply with the duration given to them by an invigilator.
- (g) Candidates shall not write on any paper other than the examination answer booklets. All rough work must be done in the answer booklets and crossed out neatly. Supplementary answer booklets, even if they contain only rough work must be attached to the inside of the back cover of the booklet.
- (h) When leaving the examination room, even if temporarily, a candidate shall not leave his written work on the desk but he shall hand it over to an invigilator. Candidates are responsible for the proper return of their written work.

- (i) Smoking shall not be permitted in the examination room during examination sessions.
- (j) Any candidate or staff who attempts in any way to unlawfully have or give pre-knowledge of an examination question or to influence the marking of scripts or the award of marks by the University examiner shall be subject to disciplinary action by the appropriate authority of the University.
- (k) If any candidate is suspected of cheating, receiving assistance or assisting other candidates or of infringing any other examination regulation, a written report of the circumstance shall be submitted by the invigilator to the Vice-Chancellor within 24 hours of the examination session. The candidate concerned shall be allowed to continue with the examination.
- (l) Any candidate suspected of examination malpractice shall be required to submit to the invigilator a written report immediately after the paper. Failure to make a report shall be regarded as a breach of discipline. Such a report should be forwarded along with the invigilator's report to the Vice-Chancellor.
- (m) Where a Head of Department fails to forward a report on examination malpractice to the Vice-Chancellor, such an action would be considered as misconduct.

STUDENT REGISTRATION ON E-PORTAL

Visit e-portal URL directly with www.eportal.oauife.ng

OR

Visit OAU website with www.oauife.edu.ng and click "e-portal" from OAU Home Page

From e-portal home page

- click “Payment/Registration (on-line)”

From Login Screen

- read additional directives and comply
- click on “Submit” to display your identity for confirmation
- click “OK”
- click again “Payment/Registration (on-line)” to display list of tables of students

From the Table List

- click on “Bio-Data Form” to display “Submit Information Form (MIS2)” and fill accordingly
- click “Submit” to save your form.

1.2.3 History of the Faculty of Education

Although the University of Ife Planning Committee had given thought to and decided in favour of the immediate establishment of a Department of Education on founding the University, and in spite of the Provisional Council’s agreement to include such a department of education within the first quinquennium development plan of the University, it was not until after five years that the foundation of the now defunct department of education and later the faculty of education itself was laid.

Professor A. Babs Fafunwa was appointed in October 1966 to plan the development of a Department and Faculty of Education at Ife. The first teacher education courses were started in 1967/68 session in the new Department of Education, which was organized as an academic unit in the Faculty of Arts.

By October of 1967, the Provisional Council had approved the creation of a Faculty of Education in the University constituting the following four units:

- Department of Education
- Department of Adult Education (now continuing Education)
- Institute of Education; and
- School of General Studies

Physical Education, as an academic subject, thrived initially in the Department of Education from 1969/69 till the end of 1972/73 after which the Senate of the University constituted the unit into an autonomous Institute of Physical Education (outside the Faculty of Education) with its own academic board of studies. The Institute has since the 1975/76 session become an integral part of the Faculty of Education while the School of General Studies had been dissolved with effect from July 1, 1976 and the general studies courses offered from the sponsoring faculties. The Faculty of Education has since October 1975 included the Department of Education Technology which was previously an autonomous service unit then known as the Audio-Visual Centre.

By a re-organisation proposed by the Faculty and approved by the Senate, the Department of Educational Foundations and Counselling came into limelight on March 1, 1978. With this new

arrangement, the Department of Educational Foundations and counseling is afforded the opportunity to solidify its postgraduate programmes in Philosophy, History, Sociology, Psychology of Education, Comparative Education and Guidance and Counselling. Its objective is to prepare those who chose career in teacher education at all levels and to prepare specialists in all areas of education including research into various aspects of educational practices and existing man-power relations. The Department is assigned all of the foundation courses in Parts II, III, and IV and a few other specialized courses in Sociology of Education,

Comparative Education, Guidance and Counselling and History of Nigerian Education.

The initial Ife undergraduate degree structure was an adaptation of the Ashby Commission recommendations on the training of secondary level teachers for Nigeria. It also fits into the combined honours degree programme of the University of Ife. The structure enables a student to offer two approved teaching subjects with education (as an academic and professional subject) in the first two years of a three-year degree programme, and to offer in the final degree year one teaching subject with education to qualify for a classified honours degree in education with specialization in the particular subject area. Basically, this structure permits students to spend two-thirds of their instructional time concentrating on the two teaching subjects normally offered in the academic departments and the remaining one-third of the time on education in the department of education to complete their professional preparation. With the revised undergraduate programmes as approved by Senate, the Faculty continues to offer a joint Bachelor's Degree in Education under the course unit system but with only one teaching subject specialization.

The post-graduate programme in education of the Faculty started in September 1969 in the department of education with the introduction of the Masters Degree in Education (M.Ed.), which was a four-term degree with course work, and research in the fields of educational administration and psychology. The M.A./M.Phil/Ph.D. degree programmes replaced the M.Ed degree programme in September 1974. In July 1974 the Long Vacation Sandwich Post-graduate Diploma in Education (P.G.D.E.) Courses were started while new M.A/Ph.D degree replaced the 1974 post-graduate degree structures at the beginning of the 1978/79 session with Senate approval.

1.2.4 History of the Department of Physical and Health Education

Early after the University of Ife, now Obafemi Awolowo University started, Mr. Isaac Akioye was appointed to administer sports. Some structures, which included the gymnasium, were constructed for the purpose. In 1968, the need for an academic programme arose and the Senate of the University constituted the sports unit to an autonomous institute, (Institute of Physical Education) independent of any Faculty in the University and the B.A (Physical Education) programme was approved and commenced during the 1968/1969 session. The Institute was responsible for the academic programmes and was also in charge of the organization and administration of sports. During 1975/1976 session, the Institute became part of the Faculty of Education offering degree programmes leading to the award of Bachelor of Arts in Education (Physical Education) and Bachelor of Science in Education (Physical Education). During 1980/1981 session, both the M.A. and Ph.D. (Physical Education) programmes were approved.

On the 13th of November, 1997, Obafemi Awolowo University Governing Council approved the establishment of the Sports Council. Following the pressure on the University to separate the sports council from academic unit, the Institute was re-designated as the Department of Physical and Health Education. Following programme review, the Department started to award the B. Ed. (Physical and Health Education) degree in 1995/1996. Three additional academic programmes (B.Ed. Physical Education, B.Ed. Health Education and B.Sc. Physical and Health Education) were approved for the Department by the Council of the University in 2006, thus increasing the number of undergraduate programmes in the Department to four. On students' academic performance, the

Department has successfully graduated high quality human resources at both undergraduate and postgraduate levels. A manifestation of the accomplishments of the department in this area is shown in the high ranking positions occupied by the graduates in Universities, sports industry, health establishments, national and international managements and a host of others.

Philosophy and objectives of the Department

The research and learning activities of the Department focus on human performance, movement education, improvement of physical fitness and health status of individuals through physical activity programmes and developing sport management skills to produce highly efficient sportsmen and sportswomen. The specific objectives of the programme are to:

- (a) produce highly competent teachers, coaches and sports' administrators who are capable of implementing sports education programmes in secondary schools, colleges of education, universities, other tertiary institutions and sports councils;
- (b) train effective leaders in educational health and sports sectors in Nigeria;
- (c) promote research works in different areas of specialization in Physical and Health Education; and
- (d) pursue postgraduate works in different areas of specializations in Physical and Health Education.

GENERAL REGULATIONS GOVERNING COURSES LEADING TO FIRST DEGREE

(a) Eligibility for Admission to the Bachelor Degree

To be eligible for admission to a degree of Bachelor, a candidate must have:

- (i) satisfied the requirements for admission to the University;
- (ii) satisfied in addition, the Departmental requirements for entry into the approved course of study relating to the degree;
- (iii) followed the approved course of study for the prescribed period;
- (iv) passed the required examinations set out in the detailed degree regulations for the University;
- (v) paid all prescribed fees as and when required; and
- (vi) complied with such other regulations and requirements as may be prescribed.

Approved courses of study and syllabuses of subjects for the examinations under these regulations and the number of papers in each subject are those approved by the Faculty and Senate. Approved courses shall also include such lectures, practical as prescribed by the department regulations and such written work as the department shall require.

A candidate shall not be deemed to have followed any approved course of study unless the Head of Department certifies that his attendance and performance have been satisfactory.

A candidate whose work or progress is considered unsatisfactory may be required by Senate, on the recommendation of the Department and Faculty to withdraw from the University or to repeat any part of his course before admission to an examination. Failure in an examination, including a sessional examination may be regarded as evidence of unsatisfactory progress.

The duration of a course of study for a first degree shall normally be not less than four academic years. A student may be permitted to extend the period of study prescribed for a degree on grounds of absence from the University or inability to sit for the examinations on grounds of ill-health or for other reasons approved by Senate.

Under the course unit system, a student should be allowed an additional period of 50% of the duration of his/her programme after which his studentship should be deemed to have lapsed whether or not he has a CGPA of 1.00. the duration of a programme should exclude approved periods of leave of absence granted to the student.

The Senate may permit the following persons to proceed to a First degree with exemption from the whole or part of the entry requirements to a degree course and in approved cases, may allow them to complete the requirements for the award of a degree in not less than two academic years (for a four-year programme).

- (i) an undergraduate of an approved University who is permitted to transfer to the Obafemi Awolowo University, Ile-Ife.
- (ii) A graduate of an approved University.
- (iii) A graduate of the Obafemi Awolowo University, Ile-Ife, may, on the recommendation of the Faculty

Board, proceed to the Department of Physical and Health Education under such conditions including a period of study as Senate may decide in each case.

(b) Examination

Degree examinations will take place at the approved period each semester.

The provisional lists of successful candidates in every examination may be published by the Faculty soon after the approval of the Faculty Board but the lists shall not be regarded as final until they are confirmed by the Committee of Deans and Senate.

(c) Admission to Degree

After the report of the examiner has been approved by Senate, successful candidates shall be admitted to the degree of Bachelor at the Graduation Ceremony for the award of degree. In exceptional cases, degrees may be conferred upon persons in absentia with the approval of the Senate.

(d) Degree Awards

Degree shall be awarded as First Class Honours, Second Class Honours (Upper Division), Second Class Honours (Lower Division), and Third Class Honours. Students who fail to meet the requirements for the Honours Degree may, subject to the conditions prescribed below, or other conditions approved by Senate, be awarded a Pass Degree.

(e) Admission Requirements

(i) UTME: (A Four-year programme)

Candidates must have five 'O' Level credit passes (SC/GCE/NECO) or TCII merit pass

including English Language from any of Science, Social science or Art subjects.

- (ii) **DIRECT ENTRY:** (A three-year programme)
- (a) Two 'A' Level credit passes, which could be from any subject area plus UME requirements including English Language.

OR

- (b) A merit pass in 2 major subjects in NCE (Physical and Health Education) from recognized institutions. plus UME requirements including English Language.

OR

- (c) A merit pass in Diploma in Physical and Health Education from recognized institutions plus UME requirements.

* Certificate/Diploma in Nursing (RN)/Health Education/Community Health/Public Health/Hygiene is also acceptable as equivalent of 'A' Level.

* NCE in primary Education studies and any other teaching subject is also acceptable.

- (f) **Assessment of Conception or Exemption**
Candidates holding qualifications higher than those prescribed as a minimum entry (e.g. Advance Level passes, etc.) shall have their qualifications assessed and equated to equivalent courses in Physical and Health Education. The academic transcripts of students

transferring from other Universities or institutions of higher learning will similarly be assessed. Such advanced courses will be accepted only on a Pass/Fail basis and their grade values will not be used in computing the Cumulative Grade Point Average.

(g) Compulsory Courses

Unless otherwise exempted by Senate, a candidate for a first degree must, before his/her final session or at any other time specified or approved by Senate, attend courses of instruction and pass the following compulsory courses:

(a) University compulsory required courses

CSC221 - Computer Appreciation

(b) University Electives

Special Elective:

Candidates are required to complete 12 units of special elective courses offered in other Faculties as prescribed e.g. SEA001, SEA002, SED001, SED002, SEG001, SEG002, SEH001, SEH002, SEL001, SEL002, SEO001, SEO002, SEP001, SEP002, SER001, SER002, SES001, SES002, SET001 and SET002.

(h) Students' Workload

(a) Workload is defined in terms of course units

(b) One unit represents one hour of lecture or one hour of tutorial, or 2-4 hours of practical work per week throughout a semester.

(c) All courses shall run for one semester or a full session of two semesters.

(i) Full-Time Studies

(i) A student shall be registered as a full-time student if he/she enrolls in any one semester for a minimum of 15 and a maximum of 24 units.

(ii) Normally, a student shall not be required to enroll for less than 15 units for coursework in any semester except it is to satisfy faculty requirements.

(j) Requirements for the Award of a Degree

To be eligible for the award of a degree, a candidate must satisfactorily complete the minimum number of units prescribed for the degree. He/she must, in addition, complete successfully all compulsory courses as well as the special and general electives for the degree as prescribed. The course cannot be counted twice (e.g. from repeat) in computation of the minimum number of units.

(k) Registration for Courses

(i) Before registering for a course, the student must meet the pre-requisite/co-requisites or equivalent courses, as prescribed for that course.

(ii) Each student must complete the registration for each Semester within the period prescribed for registration.

- (iii) Any addition to or reduction in the courses for which a student is formally registered must be made with the consent of the Head of the Department. Such alterations must be effected within four weeks from the commencement of the registration period and on the prescribed form.

(l) Withdrawal from Courses

- (i) A student may withdraw from a course for which he/she was registered without incurring the penalty of a grade of F for the course only with approval of the Dean of the Faculty.
- (ii) Permission to withdraw must be sought by completing a withdrawal form, countersigned by the course instructor or the Head of Department.
- (iii) Withdrawal without penalty will be granted up to the end of the fourth week from the commencement of the semester in which the course is offered.
- (iv) Unauthorized withdrawal will earn the grade of F.

(m) Incomplete Grade

When, for valid reasons (e. g. Medical), a student is unable to complete all the prescribed requirements for a course in which he/she is formally enrolled, he/she may, on the

recommendation of the Department, be awarded an Incomplete Grade (I). Such incomplete grade will normally be removed when the Department certifies that all prescribed requirements have been met.

(n) Pattern of Examination under the Course System

- (i) Each course shall be examined at the end of the course. The examination shall be conducted as prescribed by Senate.
- (ii) Each course will normally be examined by a theory paper of 1 – 3 hours in addition to which there may be a practical paper and/or an oral examination.

(o) Measurement of Performance

Performance in course shall be measured in terms of:

- (i) The results of prescribed theory and practical examinations and/or assessment of such essays, practical exercises and reports prescribed for each course.

(ii) Levels of Performance

A candidate shall be recorded as having attained in a course, a level of achievement grade as follows:

A	-	Excellent	70 – 100%
B	-	Very Good	60 – 69%
C	-	Good	50 – 59%
D	-	Satisfactory	45 – 49%

E	-	Adequate	40 – 44%
F	-	Failure	Below 40%
W	-	Withdrawal	
I	-	Incomplete	

The overall performance of each candidate during an entire session shall be determined by means of weighted grade point average, obtained by awarding credit points in respect of each course on the basis of the unit value of the course multiplied by numerical value of the grade obtained, such that:

A	-	5 Credit points per Unit
B	-	4 Credit points per Unit
C	-	3 Credit points per Unit
D	-	2 Credit points per Unit
E	-	1 Credit point per Unit
F	-	0 Credit point per Unit

The grade point average is the total number of credit points divided by the total number of units for all courses taken during a particular semester.

(p) Final assessments and Awards

- (i) The performance of a candidate in all examinations may be moderated in such a manner, as Senate may determine, by Senate from outside the University.
- (ii) In particular, external assessors may be required to review the results of course examinations and such other records as are necessary and appropriate for the determination of the performance of all candidates for the degree. They may also take part in or request for an oral or practical examination of candidates.

(iii) The final award and the class of the degree shall be based on the cumulative grade point average obtained by each candidate in all prescribed courses and approved electives taken at this or any other approved University provided that repeat/resit shall not be counted twice.

(iv) A candidate who has satisfactorily completed all requirements for the degree with an overall grade point average of not less than 1.50 shall be awarded the honours degree as indicated below:

First Class	-	4.50 and above
Second Class (Upper Division)	-	3.50 – 4.49
Second Class (Lower Division)	-	2.40 – 3.49
Third Class	-	1.50 – 2.39

(v) A candidate who does not reach the standard for the Honours may be awarded the Pass Degree, provided his/her overall grade point average is not less than 1.00

(q) Repetition of Courses

A student may repeat only those courses in which he/she has obtained a grade F. the grade earned for a repeated course will be recorded and used in computation of the grade point average in the usual way.

(r) Probation

A student who fails to reach a cumulative grade point average of 1.00 at the end of one semester shall be placed on probation during the second semester.

(s) **Withdrawal**

A student who fails to reach a cumulative grade point average of 1.00 at the end of the second semester shall be required to withdraw from the University.

(t) **Regulations for Leave of Absence**

- (i) That two categories of students namely: students already in the University and students seeking deferment after matriculation, could be considered for leave of absence;
- (ii) That the conditions under which these students could be granted leave of absence should include financial, medical, late receipts of admission letters, compassionate, domestic or for public assignments, or for any other reasons approved by Senate;
- (iii) That deferment should normally be for one year and that resumption of students thereafter should normally be the following Harmattan Semester;
- (iv) That the period of break should not be longer than two semesters per request, subject to a maximum of two (2) requests, for case of those seeking leave of absence for financial reasons, domestic reasons or public assignments;
- (v) That on medical grounds, leave of absence should not normally be longer than 3 years per request subject to a maximum of two (2) requests;

- (vi) Any student who fails to register for courses during one semester without permission should be deemed to have scored '0'F in the minimum number of units required for a full-time student (i.e. 15 units)
- (vii) Any student who fails to register for courses during an academic session or two consecutive semesters without permission should be deemed to have withdrawn from the University and, thereafter, his/her studentship shall lapse.

(c) **Electives within the Faculty**

CODE	TITLE	UNIT
DCE 201	Adult Education	2
DCE 203	Introduction of Non-formal Education	2
DCE 205	Community Development	2
DCE 207	Functional literacy	2
DCE 402	Org. and Adm. of Adult Education	2
DCE 404	Intro to Curriculum Devt. In education	2
DCE 406	Planning of Adult Education	2
DCE 407	Introduction to Comparative Education	2
DET 301	Organization of Learning Resources	2
DET 302	Basic Instructional Design	2
DET 402	Radio, TV and Film Utilization	2
DET 405	Learning, Teaching and Communication	2

EFC 402	Organization of Guidance Services	2
EFC 404	History of Nigerian Education	2
EFC 405	Techniques of Counseling	2
EFC 409	Introduction to Educational Evaluation	2
EFC 411	Test Development and Administration	2
EFC 412	Comparative Education	2
EAP 202	School Organization	2
EAP 302	Educational Administration	2
PHE 402	Organization and Administration of Sports	2
PHE 221	Driver Education	2
PHE 213	Fitness Evaluation	2
PHE 203	Safety Education	2
PHE 208	Introduction to Sports Biomechanics	2
PHE 311	Sports and Aging	2

(d) **Faculty and Departmental B.A (Physical and Health Education) Courses' requirements for graduation.**

Part 1 (Harmattan Semester)		
CODES	TITLE	L T P U
	*Any two special electives from outside the Faculty	4
EDU 101	Introduction to teaching profession	2

PHE 101	Skills development and techniques in sports and games 1	2
PHE 103	Org. Admin. of Intramural Sports	2
PHE 105	History and Principles of P.E	2
PHE 107	Social and psychological foundations of sports and P.E	2
PHE 109	Control of Skill Behaviour	2
PHE 111	Introduction to Physical Fitness	2
	Total	21
Part 1 (Rain Semester)		
CODES	TITLE	L T P U
	*Any two special electives from outside the Faculty	4
EDU 102	Principles and practice of Education	2
PHE 102	Skill development and techniques in sports and sports and games II	2
PHE 104	Foundations of Physical Education	2
PHE 106	Introduction to Atypical P.E	2
PHE 108	Introduction to Outdoor Education	2
PHE 110	Introduction to Sports facilities	2
PHE 112	Elementary Anatomy and Physiology	2

	Total	19
Part 2 (Harmattan Semester)		
CODES	TITLE	L T P U
	*Any one special electives from outside the Faculty	2
EFC 201	Historical Foundations of Education	2
EFC 203	Philosophical Foundation of Education	2
CSC 221	Computer Appreciation	2
PHE 201	Skill development and tech. in Sports/Games III	2
PHE 203	History and Philosophy of P.E	2
PHE 205	Human Anatomy and Physiology of P.E	2
PHE 207	Introduction to School Health	2
PHE 209 PHE 211	Safety Education Driver Education *Plus 1 of these electives in Education	2 2
DCE 201 DCE 203 DCE 205 DCE 207	Adult Education Introduction to non-formal Education Community Development Functional Literacy	2 2 2 2
	Total	21

Part 2 (Rain Semester)		
CODES	TITLE	L T P U
	*Any one special electives from outside the Faculty	2
EFC 202	Philosophical Foundations of Education	2
ASE 202	Curriculum and Instruction	2
ETL 202	Introduction to Educational Technology	2
PHE 202	Skill Development and Tech. in Sports/Games IV	2
PHE 204	Health Protection	2
PHE 206	Introduction to Adapted P.E	2
PHE 208	Introduction to Kinesiology	2
PHE 210	Basic Exercise Physiology	2
PHE 212	Motor Learning and Performance	2
EDU 202	Teaching Practice (Long Vacation)	2
	Total	21
Part 3 (Harmattan Semester)		
CODES	TITLE	L T P U
	*Any one special electives from outside the Faculty	
EFC 301	Introduction to guidance and counseling	2
EFC 303	Test and Measurement in Education	2
ASE 301	Curriculum Development	2

PHE 301	Skill development and Tech in Sports/Games V	2
PHE 303	Measurement and Evaluation in PHE	2
PHE 307	Consumer Health	2
EDU 202	Teaching Practice	2
PHE 309	Biomechanics	2
PHE 311	Sports and Aging	2
	Total	20
Part 3 (Rain Semester)		
CODES	TITLE	L T P U
	*Any one special electives from outside the Faculty	2
EDU 302	Teaching Practice 2 (Long Vacation)	2
PHE 302	Skills Development & Tech in Sports/Games VI	2
PHE 304	Facilities in PHE	2
PHE 306	Mental and Emotional Health	2
PHE 308	Community Recreation	2
PHE 310	Special Methods in PHE	2
PHE 312	Curriculum Studies in PHE	2
EDU 320	Research Methods and Statistics in PHE	2
	Total	20

Part 4 (Harmattan Semester)		
CODES	TITLE	L T P U
EFC413	Sociology of Education	2
EDU302	Teaching Practice	2
PHE401	Research Project	2
PHE405	Skill Development & Tech in Sports/Games VII	2
PHE407	Psychology of Coaching	2
PHE409	Advanced P.E Programme	2
PHE413	Drug Education Plus one of the following electives in Education	2 2
DCE405	Learning Teaching and Communication	2
DCE407	Introduction to Comparative Education	2
EFC405	Techniques in Counseling	2
EFC409	Introduction to Education Evaluation	2
EFC411	Test Development and Administration	2
ETL403	Radio, TV and Film Utilization	2
ETL301	Organization of Learning Resources	2
PHE403	Introduction to Socio-psychology of PE	2
PHE411	Dance Notation	2
ASE403	Classroom Testing	2
	Total	20
Part 4 (Rain Semester)		
CODES	TITLE	L T P U
EAP403	School Management	2
PHE402	Organization of Administration of Sports	2

PHE404	Social Process and Sport	2
PHE406	Skills Dev. & Tech in Sports/Games VIII	2
PHE410	Family Life Education	2
PHE412	Adult Physical Fitness	2
	Plus one of the following electives in Education	2
DCE406	Planning of Adult Education	2
DET402	Radio, TV and Film Utilization	2
DET302	Basic Instructional Design	2
EAP402	School Organization	2
EFC402	Organization of Guidance Counseling	2
EFC404	History of Nigeria Education	2
EFC412	Comparative Education	2
	Total	19

DESCRIPTION OF UNDERGRADUATE COURSES IN PHYSICAL AND HEALTH EDUCATION:

PHE 101: Skill Development and Techniques in Sports and Games I:

Students are introduced to the theory and practice of individual and team sports and games leading to the acquisition of manipulative skills. Rules and regulations guiding participation in competitive sports and games in track and field (Sprints and discus), table tennis and volleyball are taught.

PHE 102: Skill Development and Techniques in Sports and Games II:

Students are introduced to the theory and practice of individual and team sports and games leading to the acquisition of manipulative skills. Rules and regulations guiding participation in competitive games with emphasis on athletics (middle-distance races, long jump and shot-put), basketball, football and squash racket are taught.

PHE 103: Organization and Administration of Intramural Sports:

Students are introduced to organizational structures and administration of sports in the past and contemporary societies including Nigeria. A practical involvement of students in the process of organizing and administering sports are taught.

PHE 104: Introduction to Atypical Education:

The concepts of disability, handicapped and adapted Physical Education will be discussed. Problems and needs of the disabled individual and the roles of Physical Education, Sports and Recreation programmes to ameliorating handicapping conditions will be discussed.

PHE 105: History and Practices of Physical Education:

The course content includes a study of the origin, development and philosophical foundations of Physical Education from the ancient to the Modern times would be treated.

PHE 106: Introduction to Outdoor Education:

An analysis of elements of school competitive and recreational education programme will be treated. Emphasis will be placed on activity types, techniques of organization and administration of outdoor education.

PHE 107: Social Psychological Foundations of Physical Education:

The interplay if social and physiological phenomenon in the practice of sports will be treated. The application of social and physiological concepts of sports settings especially recreational and competitive physical activities will be discussed.

PHE 108: Introduction to Sports Facilities:

Discussion in this course will be directed towards identifying types of sports facilities, the purchase and construction as well as the maintenance of sports facilities and equipment will be discussed.

PHE 109: Control of Skill Behaviour:

Meaning, definitions and concepts relating to learning will be treated. The structure, functions of the central nervous system and information processes will also be treated.

PHE 110: Elementary Anatomy and Physiology:

The structures, organization and functions of the body will be treated. An overview of the different organs and systems in relation of their functional adaptations will also be discussed

PHE 201: Skill Development and Techniques in Sports and Games III:

Practical and theoretical approaches to the acquisition of motor skills needed for participation in team and individual sports, tracks and field (sprints, shot-put, relays and long jump), basketball and lawn tennis.

PHE 202: Skills Development and Techniques in Sports and Games IV:

Practical and theoretical approaches to the acquisition of motor skills needed for participation in team and individual sports, track and field (middle and long distance races, high jump), badminton, volleyball and table tennis.

PHE 203: History and Philosophy of Physical Education:

Development of physical education based on different philosophies in Europe, Asia and America. The influence of past physical education and sports philosophies in Nigeria will be discussed. Foundation Philosophies of modern physical education as it affects current practices in Physical Education will be discussed.

PHE 204: Health Protection:

Focuses on all areas of community health with special emphasis on communicable and non-communicable diseases, pollution, environmental sanitation and so on.

PHE 205: Human Anatomy and Physiology

An in-depth study of the body systems in relation to their functions especially as related to movement. An overview of the nervous system and locomotion will be presented.

PHE 206: Introduction to Adapted Physical Education:

Handicapping conditions, curriculum related to such conditions and planning for and implementation of physical activities for the specific disabilities will be treated.

PHE 207: Introduction to School Health Education:

Students are introduced to the contents of the school health programme. The three aspects: school education, school healthful living and school health services are treated.

PHE 208: Introduction to Kinesiology:

Focus on concepts and application of basic anatomy and physics to movement's possibilities, muscle actions in the production of movement and segmental analysis in the execution of motor skills.

PHE 209: Safety Education

A study of the concepts of safety, safety tips in all settings like the home, occupations, school, and the public and so on.

PHE 210: Basic Exercise Physiology:

A study of short and long term effects of physical activities on tissues and organs of the human organism. Emphasis is placed on the functioning of muscular contractions and the bio dynamics during moderate to heavy exertion during exercise.

PHE 211: Driver Education:

A study of road signs and road safety precautions, causes and prevention of automobile and pedestrian accidents: Knowledge of essential vehicular parts responsible for the function of motor and vehicles, Acquisition of theoretical and practical (if possible) skills in driving.

PHE 213: Physical Fitness Evaluation

A study of evolving trends of Physical fitness; theoretical and practical application of principles of evaluation of physical fitness assessment; Use of fitness tests in the field setting.

PHE 301: Skill Development and Techniques in Sports and Games V

The theoretical and practical approaches to the acquisition of motor skills and techniques in team sports and individual sports and events; handbag; handball, basketball cricket and hockey

PHE 302: Skill development and Techniques in Sports and Games VI

The theoretical and practical approaches to the acquisition of motor skills and techniques in team sports and individual sports and athletic events: (relay, javelin, hurdles, middle distance races), gymnastics, table tennis and football

PHE 303: Measurement and Evaluation in Physical Education:

The study of the theory and application of measurement and supervision; Historical and sociological factors influencing nature and types of sporting facilities, Innovation possibilities for acquisition and maintenance of physical education and sports facilities.

PHE 304: Facilities in Physical Education

Current trends in facility design, construction and supervision. Historical and sociological factors influencing the nature of sports facilities, Innovation possibilities for the acquisition and maintenance of physical education and sports facilities.

PHE 305: Officiating in Sports and Games

General attributes required in for officiating sports and games; Specific rules and regulations guiding performance in different sports and games, practical involvement in officiating different sports an games in competitions.

PHE 306: Mental and Emotional Health

Meaning of mental health, people with high degree of mental health, common emotional problems, mental illness, and treatment of mental illness shall be treated.

PHE 307: Consumer Health

Focus areas include: Consumer health education, quackery and quack defined, need for consumer health education programme, fraudulent health practitioners.

PHE 308: Community Recreation

A study of programmes for community recreation in modern automation era: The philosophy and principles involved in planning and executing community recreation programme; an understanding of the trends of leisure and its relationship to the contemporary society.

PHE 309: Introduction to Biomechanics

Application of physical laws to sports; Principles and of movement, forms of locomotion, laws of motion; application of biochemical laws and principles in the analysis of specific sports skills.

PHE 310: Special Methods in Physical and Health Education

Planning, preparation and implementations of physical and health education in the classroom situation; Concept of teaching, various techniques approaches and styles of teaching PHE; teaching assessment will also be treated.

PHE 311: Sports and Aging

Concepts of aging, theories and generalization of aging; problems and needs of aged people, rationale for sports and recreation for the aged; guidelines for sports programmes for the aged will be treated.

PHE 312: Motor Control and Learning:

Introduction to nature and cause of movement, issues dealing with postural and balance control, movements in space as well as application of learning theories to the physical education in the terms of skill acquisition will be treated. Effect of learning environment on human performance will also be treated.

PHE 320: Research Methods and Statistics in PHE

This course is a prelude of writing the long essay; the focus is the guidance in research and reporting. It includes problem identification, approaches to researches, data collection, and statistical techniques appropriate for different data collection.

PHE 401: Long Essay

This is a research project in which students are guided in identifying problems or topics which they pursue as field such experimental or library research. They are assigned to supervisors to guide them in the conduct of the research and the reports of the chosen research activities.

PHE 402: Organization and Administration of Sports

An overview of the organization and the administration of sports in Nigeria, practical involvement in the planning and administration of intramural and extramural sports and competitions, leadership skills in sports administration will be discussed.

PHE 403: Introduction to the Socio-Psychology of PE and Sports

Concepts of psychology, sports and society, social values of sports and implications to physical education and sports and social processes.

PHE 404: Social Processes and Sports

A study of various social processes including socialization, stratification, social mobility and social change as they influence or are influenced by the participation in sports and games at various levels.

PHE 405: Coaching Techniques in Sports and Games

Analysis of fundamentals of coaching team and individual sports and games with emphasis on advanced skills strategies, techniques and programming; identification of

physiological and biomechanical factors affecting sports performance and finding solutions to them, Athletics, Hockey, Handball and Lawn Tennis.

PHE 406: Coaching Techniques in Sports and Games II

Analysis of fundamentals of coaching team and individual sports and games with emphasis on advanced skills strategies, techniques and programming; identification of physiological and biomechanical factors affecting sports performance as well as proffering solutions to them; Athletics,(relay, triple jump, hurdles and sprints), badminton, handball and volleyball .

PHE 407: Psychology of Coaching:

The study of the psychological concepts towards coaching individual and team sports; up psychological preparations for competition, motivation, rituals, psyching up for games, individual and mob-psychology will be treated.

PHE 408: Introduction to Sports Medicine:

A study of scientific and medical principles to the athletic preparations as well as treatment and rehabilitation of athletes; Topics to be treated includes medical qualification for sports participation, conditioning and sports injury.

PHE 409: Adapted Physical Education.

Corrective, recreation, sports and therapeutic programmes for handicapped individuals as well as class organization, facilities, equipment for participation of special population

PHE 410: Family Life and Sex Education.

Family life education, reasons for and principles of family life education, male and female reproductive systems, study of hormones as related to family life education, puberty and adolescence and birth control. The roles of the home, school, community in teaching family life education will be treated.

PHE 411: Dance Notation.

Acquisition of skills to read and write dance notations and participation in the development of choreography, analysis of advanced dance steps and movement including the Fox Trot, Waltz and popular Hausa, Igbo and Yoruba folk dances.

PHE 412: Adult Physical Fitness.

Relationship between aging and degenerative hypo kinetic diseases such as low back pain, hypertension, cardiovascular diseases, and mobility problems will be treated. Programming for physical fitness adults and benefits of such programme will also be studied.

PHE 413: Drug Education

Drug, drug misuse and abuse, commonly used drugs; possible excuses for drug abuse will be focused. Factors affecting drug effect, identification of some hard drugs, roles of administrators, teachers and the home in drug abuse prevention.